



TINA HORSTED CV

OPDATERET SEPTEMBER 2017

TRAINING

- 2016 SSAI – Nordic Diploma Degree in Pain Management
- 2008 Specialist in Anaesthesiology
- 2001 Diploma of Medical Practitioner, University of Copenhagen, Denmark
- 1993 Anaesthetic Nurse, Rigshospitalet, Denmark
- 1986 Nurse, Bispebjerg Sygeplejeskole (nursing school)
- 1981 Mathematical and Science Student , Frederiksborg Statsskole (high school)

AUTHORISATION/ACCREDITATION

- 2008 Specialist in Anaesthesiology
- 2002 Permission to Practise Independently
- 2001 Restricted Licence to Practise
- 1993 License to Practice as Anaesthetic Nurse
- 1986 License to Practice as Nurse

EMPLOYMENT

- 2013-2016 Rigshospitalet, Multidisciplinary Pain Centre, Locum Head Physician
- 2013 Gentofte Hospital, Department I of Anaesthesia, Surgery and Intensive Care, and Pain Centre
- 2012 – 2013 Rigshospitalet, Multidisciplinary Pain Centre, Locum Head Physician
- 2011 - 2012 Gentofte Hospital, Department I of Anaesthesia, Surgery and Intensive Care, and Pain Centre
- 2010 – 2011 Head Physician Responsible for Education; Hvidovre Hospital, Department 532 of Anaesthesiology
- 2009 – 2011 Head Physician Responsible for Education and Research; Gentofte Hospital, Department I of Anaesthesia, Surgery and Intensive Care
- 2008 – 2009 Head Physician; Hørsholm Hospital, Department of Anaesthesiology
- 2007 - 2008 Core Training, Bispebjerg Hospital Senior House Officer Acting Staff Physician from February 1st 2008
- 2004 – 2007 Core Training, Trainee House Officer in Anaesthesiology at Rigshospitalet; Centre of Head and Orthopaedics, Heart Centre, Juliane Marie Centre, Neuroscience Centre, Abdominal Centre
- 2003 – 2004 Rigshospitalet, Centre of Head and Orthopaedics and Trauma Centre, Clinical Assistant
- 2002 – 2003 Hillerød Hospital, Department of Anaesthesiology, Resident Physician
- 2001 – 2002 Frederiksborg County, House Officer, Dept. of Organ Surgery Helsingør Hospital, Dept F of Medicine, Hillerød Hospital, the health centre in Espergærde

OTHER EMPLOYMENT

2009-2011	Locum Head Physician, Department of Anaesthesiology, Karlshamn, Sweden
2008-2016	Locum Tenent, Emergency Service, Knarvik, Norway
2007-2008	Locum Tenent for Staff Physician, Department of Anaesthesiology, Hørsholm Hospital and Roskilde Hospital
2004	Physician, unspecified position Central Hospital of Rogaland, Stavanger, Norway, Department of Anaesthesiology
1995-2001	Substitute Anaesthetic Nurse during Medical School at Rigshospitalet and Gentofte Hospital
1993-1995	University Hospital of Gentofte, Department of Anaesthesiology, Nurse
1991-1993	Rigshospitalet, Department of Anaesthesiology, Nurse
1990-1991	University Hospital of Herlev, Department of Intensive Care, Nurse
1986-1990	University Hospital of Gentofte, Department of Thoracic Surgery, Nurse

SCIENTIFIC ACTIVITIES

QUALITY ASSURANCE PROJECTS

2010	Gentofte Hospital, Sepsis Mortality
2003	Rigshospitalet, Centre of Head and Orthopaedics and Copenhagen Mobile Intensive Care Unit: Quality Assurance Project; Registration of Medical Treatment for Copenhagen Mobile Intensive Care Unit
1999	Rigshospitalet, Trauma Centre: Level classification of hospitals with acute admission of trauma patients in Denmark
1997	Rigshospitalet, Trauma Centre: Medical audit; Admission and initial treatment of trauma patients

LECTURES

2016	DASAIM annual meeting, Cannabinoids for the treatment of chronic neuropathic pain.
2012	Project Day, Department of Nephrology, Rigshospitalet
2012	Pharmacological treatment of chronic patients with chronic renal insufficiency
2007	Lecture at Hindsgavl Intensive Symposium 2007: Out-of-hospital-cardiac arrest, pre- and post-therapeutic hypothermia, Outcome
2005	Lectures and appointments, DASAIMS annual meeting 2005; Post-cardiac arrest therapeutic hypothermia – a status
2004	Lecture and abstract, HLR Congress Budapest 2004; Why are patients not resuscitated after out-of-hospital-cardiac arrest?
2003	Lecture and abstract, HLR Congress Stavanger 2003; Why are patients not resuscitated after out-of-hospital-cardiac arrest?

CONGRESS

2018	The Cannabinoid Conference Vienna, Austria
2017	The Cannabinoid Conference Vienna, Austria
2017	The Cannabinoid Conference Toronto, Canada
2016	The Eight Royal Marsden Pain and Opioid Conference
2014	WIP 2014 - World Pain Congress. Maastricht
2011	ESRA. Innsbruck
2008	ESA. Copenhagen
2004	ERC. Budapest
2004	PGA. New York
2003	ERC. Stavanger

Also participated in the DASAIM Annual Meetings and Hindsgavl Intensive Symposium

PUBLICATIONS

Jensen, Jeppe; Vilmann, Peter; Hornslet, Pernille; Horsted, Tina; Bodtger, Uffe; Hammering, Anne; Banning, Annemarie. **Nurse Administered Propofol Sedation for Endoscopy: A risk analysis during an implementation phase. ID: ENDOS-2010-4681.R1**

J. Bro-Jeppesen, J. Kjaergaard, T. Horsted, M. Wanscher, S. Nielsen, L. Rasmussen, C. Hassager. **The impact of therapeutic hypothermia on cerebral performance category and self-rated quality of life after cardiac arrest** Resuscitation, Volume 80, Issue 2, February, 2009, Pages 171-176

Horsted TI, Rasmussen LS, Meyhoff CS, Nielsen SL. **Long-term prognosis after out-of-hospital cardiac arrest.** Resuscitation. 2007 Feb;72(2):214-8. Epub 2006 Nov 13.

Horsted TI, Wanscher MC, Rasmussen LS, Lippert FK, Kjaergaard J, **Hassager C. Therapeutic hypothermia after cardiac arrest-status.** Ugeskrift for Laeger. 2006 Jan 30;168(5):458-61. Danish.

Horsted TI, Rasmussen LS, Lippert FK, Nielsen SL. **Outcome of out-of-hospital cardiac arrest-why do physicians withhold resuscitation attempts?** Resuscitation. 2004 Dec;63(3):287-93.

PROFESSIONAL AND ORGANISATIONAL INVOLVEMENT

2012	TR-substitute member for FAS at Gentofte Hospital
2008-2010	Member of the speciality-specific counsel in anaesthesiology and the appointments committee the Continuing Medical Education (Den Lægelige Videreuddannelse) in Region East
2007-2008	Convener of the Danish Association of Junior Hospital Doctors at Bispebjerg Hospital
2004-2007	Committee member of the Danish association of junior anaesthesiologists, FYA, member of the DASAIM training committee, speciality-specific counsel in anaesthesiology
2003-2004	Committee member of the Danish Association of Junior Hospital Doctors Member the research and training committee and the working environment and environment committee of the Danish Association of Junior Hospital Doctors. Member of the working environment committee and the committee on educational policy of the Danish Medical Association
2001-2003	Chairman of House Staff Council, Helsingør and Hillerød Hospital, Chairman of House Staff Council in Frederiksborg County, Board Member of the regional branch og the Danish Medical Association in Frederiksborg County, member of the training committee of the Danish counties, member of the Assembly of Representatives of the Danish Association of Junior Hospital Doctors. Member of the training committee of the Regional Council in Region East Contact person for "Physician Culture" in Frederiksborg County

COURSES

Acupuncture on a scientific basis

Course for new managers, Gentofte Hospital

Course for main supervisors, Herlev Hospital

LAS I, II, III

The junior doctor as leader

NLP

Course in negotiation technique I, II, the Danish Medical Association

Course for trade union representatives I, II and III, the Danish Association of Junior Hospital Doctors

Course in basic research

Practical pedagogy for doctors

Module I and II in research methodology

ALS

Course in The bleeding patient, the Danish Association of Junior Hospital Doctors

Course in The patient with shock, the Danish Association of Junior Hospital Doctors

Course in Ultrasound guided peripheral nerve blockades, the Danish Association of Junior Hospital Doctors

A-courses for doctors during core training in anaesthesiology

Introductory course for doctors during residency position in anaesthesiology

The Danish Medical Association and the joint committee in Region East:

EKG

The trauma patient

Intensive care medicine, fluid, nutritional, and pain management

Rational antibiotic treatment

TRAINING

Chronic patients with chronic renal insufficiency.

Course for general practitioners: The chronic pain patient, treatment strategies

RIGSHOSPITALET

9th semester medical students in anaesthesiology

Resident physicians and core training physicians in anaesthesiology

HVIDOVRE HOSPITAL

9th semester medical students in anaesthesiology

Resident physicians and core training physicians in anaesthesiology

NAPS course for physicians and nurses

GENTOFTE HOSPITAL

Foreign physicians; record keeping, cardiopulmonary resuscitation, physician culture in Denmark.

Nurses; IV medication and transfusion, admission and treatment of patients with designer drug intoxication, neurotrauma, the anaphylactic patient.

HILLERØD HOSPITAL

Physicians during core training in anaesthesiology; The trainee physician

HERLEV HOSPITAL

CPR training for hospital staff, clinical advisor for resident physicians in anaesthesiology

BISPEBJERG HOSPITAL

Mensendieck students; Anatomy of the Locomotive Apparatus, incl. examination Danish Mensendieck Institute.

EXPERIENCE/TRAINING IN THE 7 COMPETENCES

THE MEDICAL EXPERT

EXPERIENCE:

16 years of experience as physician

12 years of experience as anaesthesiologist at university hospital departments

Extensive competences within the anaesthesiological speciality

However, especially in ENT, paediatrics, gynaecology, vessels and orthopaedics

6 year of experience with chronic pain patients. Mono professional, common for 12 mth, multidisciplinary, complex for 29 mth.

EDUCATION:

Specialist in anaesthesiology, November 2008

Relevant course activities

COMMUNICATOR

EXPERIENCE:

General communicative experience through work as physician and nurse

Handling of the difficult conversation in connection with anaesthesia and intensive care treatment of critically ill patients and in connection with admission of trauma patients.

Through this, establishing of relations to particularly relatives emergency situations.

Experience in relation to teamwork in the operating room and intensive care department

in connection with the execution of multidisciplinary tasks. Special focus on multidisciplinary

co-operation (physicians, psychologists, social workers, nurses, secretaries,

research staff) in relation to employment at the Multidisciplinary Pain Centre,

Rigshospitalet. In continuation hereof difficult and challenging interviews and

treatment responsibility towards patients with complex chronic pain conditions.

Experience from work as clinical advisor and head physician responsible for education.

Arranging employee interviews (MUS) and mentor for staff physicians Experience from direct

trade union involvement,

negotiation situations, conduction of conferences

EDUCATION:

Management course "New managers", HR Department, Gentofte Hospital, 2010

Course for main supervisors, Herlev Hospital 2009

Participation in courses for trade union representatives

Course under the Danish Medical Association, The junior doctor as leader

LAS I, II, III

NLP

MANAGER/ADMINISTRATOR

EXPERIENCE:

Head physician responsible for education
Head physician responsible for research
Conducting employee interviews (MUS) for staff physicians
Mentor for staff physicians
Committee member of the Danish Association of Junior Hospital Doctors
Organising project days and internal, external teaching sessions
Trade union representative functions at chairman level
Daily operating room coordinator
Function as physician on call in operating room, intensive care department and casualty ward
Planning and execution of courses under the Danish Association of Junior Hospital Doctors
Team leader, coordinator as nurse

EDUCATION:

SSAI, Nordic Pain Education started in November 2014, completed in November 2016.
Management course "New managers", HR Department, Gentofte Hospital, 2010
Main supervisor course, Herlev Hospital, 2009.
Participation in courses for trade union representatives, I, II, III and negotiation technique I+II
Course under the Danish Medical Association, The junior doctor as leader.
LAS I, II, III
NLP

HEALTH PROMOTER

Experience from cross cover with palliative department at Bispebjerg Hospital (diet, mindfulness) General counselling of patients to undergo anaesthesia Particularly counselling related to lifestyle disease and its impact on anaesthesia (smoking, alcohol, overweight)

ACADEMIC

5 original articles, 3 as lead author
Lecture at Hindsgavl Intensive Symposium 2007
2 appointments, DASAIM annual meeting 2005
2 abstracts and lectures, ERC congress 2003, 2004
1 year employment as clinical assistant at Centre of Head and Orthopaedics, Rigshospitalet, with focus on prehospital cardiopulmonary resuscitation, survival and quality of life.
Responsible for research, principal organiser and project manager

PROFESSIONAL

18 years of experience as physician
Team leader and responsible for coordination and execution of patient course where resources and ethical aspects are included in consideration of competences, quality, patient satisfaction and safety
The work as trade union representative and committee member has often included subjects that to a great extent have been related to ethical and legal as well as administrative standards for medical function (employment, employment reduction). Acts loyal among management and colleagues
Mediator in connection with difficult training courses and physician culture

PEDAGOGY

EXPERIENCE:

Continuous multiple subject teaching as both nurse and physician at several collaborating departments for several years.

General teaching in anaesthesiology and intensive care medicine on different levels and of several professions.

Development of courses under the Danish Association of Junior Hospital Doctors

Teaching of medical students during clinical stays at departments of anaesthesiology and intensive care.

Practical experience as clinical advisor for resident physicians and core training trainees in anaesthesiology

Experience as head physician responsible for education in anaesthesiology

EDUCATION:

The Danish Medical Association, course in pedagogy

